

# June 2020 Warehouse Safety Calendar & Topics for Meetings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><u>1</u> <b>Stay Hydrated:</b> What's the formula?</p>	<p><u>2</u> <b>Demonstration:</b> Show employees a demonstration of running lines.</p>	<p><u>3</u> <b>Question:</b> What are two ways to reduce intersection accidents? Promote drinking water prior to work.</p>	<p><u>4</u> <b>Demonstration:</b> Show employees how to reduce foot injuries.</p>	<p><u>5</u> <b>Discussion:</b> Discuss always looking in the direction of travel with employees.</p>	<p><u>6</u> <b>Hydration:</b> Remind employees to drink water, not Monster energy drinks.</p>
<p><u>7</u> <b>Knife Safety:</b> Talk about approved knives and ask how can you be cut during your job today?</p>	<p><u>8</u> <b>Overhead Door Injuries / Hazards:</b> Discuss overhead door injuries/hazards and how to reduce the risks.</p>	<p><u>9</u> <b>Red Flags:</b> Give two red flags that a trailer pull procedure is not being followed.</p>	<p><u>10</u> <b>Hand Injuries:</b> Tell me about a hand injury that could affect you today. Promote water at meeting.</p>	<p><u>11</u> <b>Demonstration – Proper Lifting:</b> Ask for 2-3 safe lifting alternatives for typical problem areas. Wider stance for entering low tiers, walking to pallet sides instead of reaching/ pulling far from front.</p>	<p><u>12</u> <b>Red Flags:</b> Tell me two red flags to look for when working on heights.  And...stay hydrated for a clear mind.</p>	<p><u>13</u> <b>Body Parts in Danger:</b> Talk about body parts in running lines and not putting them into moving parts areas.</p>
<p><u>14</u> <b>Open-Ended Question:</b> How can sweat affect you while you are working? What are some ways to minimize the risk?</p>	<p><u>15</u> <b>Blow your Horn:</b> Start your meeting blowing a horn.  Ask about be aware of your surroundings and identify yourself with horns, voice, clothing.</p>	<p><u>16</u> <b>Intersections:</b> Go to an aisle or intersection and talk about accidents and what needs to be done to achieve ALARP.</p>	<p><u>17</u> <b>Use Quiz</b></p>	<p><u>18</u> <b>Knife Safety:</b> Bring an approved knife and ask how can you be cut during your job today?</p>	<p><u>19</u> <b>COVID-19:</b> Wash hands, continue practicing social distancing &amp; using masks. And...drink 8oz of water before starting work.</p>	<p><u>20</u> <b>Dock Door Hazards:</b> Ask open ended questions about hazards with dock doors, ropes, door creep down, etc.</p>
<p><u>21</u> <b>Ways to Prevent/ Reduce Muscle Soreness</b>  Move more, drink lots of water, massage tense muscles, increase protein intake, warm soaks, alternate warm/ ice applications.</p>	<p><u>22</u> <b>Seat Belt Use:</b> Why do you wear a seatbelt?</p>	<p><u>23</u> <b>Demonstration – 3 Points of Contact:</b> Perform demonstration of three points of contact and bring a bottle of water to your meeting.</p>	<p><u>24</u> <b>Demonstration – Dismounting Equipment:</b> Ask an EE to demonstrate the proper way to dismount their equipment and discuss hazard if dismount improperly.</p>	<p><u>25</u> <b>Open-Ended Question:</b> How can sweat affect you while you are working? What are some ways to minimize the risk?</p>	<p><u>26</u> <b>Data Plates / Running Lines:</b> Talk about data-plates and keeping all body parts within the running lines of equipment.</p>	<p><u>27</u> <b>Blow your Horn:</b> Start your meeting blowing a horn. Ask about be aware of your surroundings and identify yourself with horns, voice, clothing.</p>
<p><u>28</u> <b>Trailer Pull Procedure:</b> Ask for three things that would prevent a trailer pull.</p>	<p><u>29</u> <b>Back to Basics:</b> Seat Belts, 4 Point Contact and coaster. Have an employee do a demonstration for the group. Fork lift talk about exiting/getting on equipment.</p>	<p><u>30</u> <b>Two-Bay Rule:</b> Demonstrate 2 bay rule; show what can happen when not used.</p>				