April 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31. Hand Injuries - Tell me 2 ways to reduce hand injuries today?	1.Intersections- Tell me 3 things you must do at an intersection to reduce risks of incident?	2. SLAM- Tell me 2 ways using SLAM today will reduce risk of injuries?	3. Stopping Equipment- Tell me 2 things you must do when you stop your equipment to reduce risk of incident?	4. 2 Bay/HMA Distance What is the distance pedestrians must stay back when lifts/put- away are being performed?	5. Foot injuries- Tell me 3 ways to reduce the risk of Foot injuries today?	6. Inspections- Tell me 3 items you must check on or around your equipment before use?
7. Securing Product- Tell me how you secure product and on what operation.	8. Hand Safety- Tell me two ways you can injure you hand, how will you reduce Risks?	9. Pinch points- Tell me two pinch points you could encounter today and how will you reduce your risks.	10. Proper lifting- Bring a case to pre- shift and have someone demonstrate proper lifting technique. Stress the importance of proper lifting.	11. Foot Injury- Tell me how you could injure your foot and ways you'll reduce that risks.	12. Hydration What is the hydration formula and where are the signs about hydration posted.	13. Run Hide Fight Ask: What does it mean to Run Hide Fight and when is it used.
14. TRAILERS HAZARDS- Tell me two hazards around trailers or dock plates.	15. Powered Equipment- Have someone demonstrate 4 points of contact.	16. Securing Product- Tell me how you secure product and on what operation.	17. Quiz	18. PPE CHECK- Tell me what has to be done before using PPE	19. 2 Bay/HMA Distance What is the distance pedestrians must stay back when lifts/put- away are being performed?	20. Hand Safety- How can you pinch your fingers, what will you do to reduce risks'
21. Reporting- Tell me when you would report and hazard and why	22. Seat Belts- Give 2 reasons why we wear seat belts?	23. Fatal Risks- What are the fatal risks?	24. Hand Safety- How can you pinch your fingers, what will you do to reduce risks?	25.Cell phone policy- Ask for someone to tell the group what the cell phone policy is.	26. Run Hide Fight- Where would you run and what would you do with your phone.	27. MHE Checks- Tell me 2 things you check prior to using powered equipment.
28. Evacuation- Tell me your alarm is and where you go for a tornado.	29. Pinch points- Tell me two pinch points you could encounter today and how will you reduce your risks.	30. Cross-Aisles- What must you do at a cross-aisle.				