

# July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. Ask: Where do you find a hydration chart.	2. Ask: What are two signs that you need to drink some water	3. <b>All body parts in the running lines of equipment-Ensure everyone completely understands the rule and reasons why (show examples)</b>	4. <b>Demonstration:</b> Focus on intersections and the task at hand.	5. Ask: Why do you wear a seatbelt and wait for 2 different answers.	6. <b>Ask</b> about foot/ankle injuries. How can they happen at your site/how can we prevent
7. <b>Ask open-ended question:</b> When power is lost in the facility and you are on equipment what should you do?	8. <b>Harassment:</b> Review the anti-harassment policy. It is not tolerated and will be investigated. Report this immediately	9. <b>All body parts in the running lines of equipment-Ensure everyone completely understands the rule and reasons</b>	10. <b>Discuss</b> the importance of allowing eyes to adjust when entering a building from outside. Going from bright to dark area.	11. <b>Demonstration:</b> When lifting overhead, keep elbows in not out. Remember to ask for help when needed.	12. <b>Knife-</b> Ask an EE for a <b>Safety Knife.</b> Explain the difference between an authorized and un-authorized knife. DISCUSS CUTS.	13. Discuss having all body's parts in the running lines of equipment and why it's important.
14. <b>Ask</b> Why do you wear seatbelts and why you can't tie a knot in a seatbelt.	15. <b>Site specific hazard</b> What hazards are in your area and how can we reduce them?	16. <i>GO TO AN AISLE OR INTERSECTION AND TALK ABOUT INCIDENTS AND WHAT NEEDS TO BE DONE TO ACHIEVE ALARP</i>	17. <b>Use Test</b>	18. Have pallet jack or forklift at pre shift, have someone demonstrate the proper way to complete equipment checklist on it.	19. <b>Cross-walk/ Parking Lot Safety:</b> Phones kept down and heads kept up.	20. <b>Discuss</b> fire exits and locations of extinguishers Go over P.A.S.S Pull.Aim.Squeeze.Sweep.
21. <b>Ask</b> what the first and second questions of SLAM is and have EE give an example	22. <b>Fatal Risk:</b> Ask what is Lockout/Tagout used for? The controlling of energy.	23. Pinch Point: Discuss pinch points at your meeting and ask ee's to give two examples.	24. <b>Ask:</b> what are some signs of heat stroke? Hot red or flushed dry skin, confusion, and disorientation.	25. <i>TALK ABOUT OVER HEAD DOOR INJURIES/HAZARDS AND HOW TO REDUCES RISKS</i>	26. <b>Hydration:</b> Name 2 signs of dehydration.	27. <b>Knife-</b> Ask an EE for a <b>Safety Knife.</b> Explain the difference between an authorized and un-authorized knife. DISCUSS CUTS.
28. <b>Pallets:</b> Bring a pallet to the meeting and ask for three hazards and how to reduce risks.	29. <b>Oil Spills-Ask,</b> Where are outside drains located? What is and where do we keep Speedi Dry?	30. Horns- <b>Ask open-ended question:</b> Why do forklifts use horns when exiting trailers? What can happen if horns are not used?	31. <b>Fatal Risk:</b> Hold pre-shift meeting at a dock door discuss the 3 points of protection that we have: Chocks, Dock locks, cones, dock lights, pull tickets etc.			