

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1. Body parts kept within running lines of equip. Discuss how this could cause a hand Injuries.</p>	<p>2. Dismounting: Demonstrate the proper way to dismount powered equip- ask how can I be injured? (strain/hyperextend)</p>	<p>3. Discuss Cross-aisle intersection safety; take meeting to this type of area.</p>	<p>4. Blind Spots-ask for 3 examples and how to reduce risks....</p>	<p>5. Cuts on Job Ask associates how cuts can occur in their jobs such as knives, slip sheets, nails etc.</p>	<p>6. Seatbelts- Why must a seatbelt be worn?</p>	<p>7. Explain SLAM- Continuous situation assessment: areas change all the time, wet spots, other employees, debris etc</p>
<p>8. Evacuations: Talk about meeting areas, get off equip and walk to the evacuation areas</p>	<p>9. Crosswalks: Discuss the location of crosswalks and ways reduce risk in the yard. NO PHONES!</p>	<p>10. Dock Door Safety: Have mtg at a dock door and ask about hazards i.e hinges, ropes, etc</p>	<p>11. Straps- Bring a strap to the meeting and ask what are a couple hazards and how to reduce Risks?</p>	<p>12. Propane/PPE- Have a demonstration- (explain danger of propane burn.)</p>	<p>13. Foot injuries- discuss the most likely foot injury at your facility- how do you achieve ALARP.</p>	<p>14. Data Plate: Bring a piece of equipment to the meeting and discuss- what is the data plate</p>
<p>15. Pinch Points- ask for areas in the facility where pinch points exist. Talk about ways to reduce risk of injury.</p>	<p>16. Demonstrate proper lifting- techniques; show someone picking up a box- bend at knees head straight. Elbows in.</p>	<p>17. Eyewash-Talk about site specific eyewash/shower stations, have meeting at site. Flush w/baby shampoo.</p>	<p>18. Quiz- Please use the Quiz and document.</p>	<p>19. Hand Injuries- Ask the group how they will reduce Risk of Hand Injuries?</p>	<p>20. Seat belts- Ask the group when must a seatbelt be worn?</p>	<p>21. Housekeeping- If you see something on the floor, pick it up. How can others be injured?</p>
<p>22. Trailer Damage- Talk about damage to the inside of trailers while loading and hazards inside.</p>	<p>23. Expect the unexpected; cases falling, glass in a pick slot, nails in boards etc.</p>	<p>24. Running line- Ask the group to show what a running line is?.</p>	<p>25. Inspections- Have someone demonstrate a pre-trip check of powered equip. What is data plate</p>	<p>26. Hydraulic hose burst- explain reporting and flushing-(no tear shampoo).</p>	<p>27. Aisle etiquette- Give a demonstration on what's expected in aisles especially when passing.</p>	<p>28. Footwear- Check some shoes while at meeting and talk about good foot/ankle protection.</p>
<p>29. Pinch Points- Conduct meeting at a dock door show where pinch points are. Ask examples of pinch points.</p>	<p>30. Demonstration: Bring a piece of equipment to the meeting and demonstrate 3 & 4 points of contact</p>					